



## NOTABLE AUDIENCES

American College of Physician (ACP)  
Association of American Medical College (AAMC)  
Mayo Clinic  
Society of General Internal Medicine  
American College of Obstetrics and Gynecology  
Royal College of Physicians & Surgeons of Canada  
Université Paris Diderot, Paris, France  
University of Port, Porto, Portugal  
OU-TU School of Community Medicine  
St John Health System  
Hillcrest Health System  
Saint Francis Health System  
Clarehouse Hospice Home  
George Kaiser Family Foundation  
Tulsa Community Foundation  
American Heart Association  
Spirit Aerosystems  
OU Medical Center

# Unlocking Implicit Bias

## WORKSHOP

Unconscious attitudes, also known as implicit biases, are ubiquitous and their effects are wide-ranging. From something as seemingly insignificant as the clutching of a purse in lieu of a passerby to something of potential great consequence such as the lack of a surgical referral, the fingerprints of implicit bias are on many of the decisions we make. A Unique approach to a difficult conversation, "Unlocking Implicit Bias" is an engaging, insight-enhancing, and practical workshop about implicit bias and its effect on society.

We approach this difficult topic in a very straightforward, compassionate and empathic, yet, entertaining manner. Our workshop, presented over 40 times, weaves humor with poignant stories and personal experience into a rich experiential workshop. By facilitating refreshing and productive large and small group activities, we begin to peel away the feelings of shame and guilt that many people associate with implicit bias. Approaching these issues through a more positive lens allows for a more contrite and constructive forum. Ultimately, a discussion on methods to combat implicit bias provides participants with skills to take to their institutions and have an immediate impact on equity.



Dr. Jabraan Pasha, MD is a native of Tulsa, OK. He received his medical degree from The University of Kansas School of Medicine and completed his Internal Medicine Residency Training at Mayo Clinic Arizona. Currently, he is an Associate Program Director for the Internal Medicine Residency program, and Faculty Director of Student Recruitment for The University of Oklahoma School of Community Medicine. He also serves as President of the Tulsa American Heart Association.

## REVIEWS

*"Dr. Pasha opened my eyes to how we ALL harbor implicit biases--regardless of our education, politics or religion. This seminar is well worth the time for any learners. The resulting discussions are eye opening and affirming. Highly recommended."*

John Schumann, President  
University of Oklahoma-Tulsa

*"Dr. Pasha brings a perspective to bedside providers that few of us have taken the time to reflect on. Our inherent bias absolutely effects the care we provide our patients. We must educate ourselves on these issues and provide better care with eyes wide open. The workshop provided by Dr Pasha is a great starting point in the journey to better patient care."*

Scott Shepherd, Medical Director, Hospitalist Medicine  
St John Health System

*"We all have implicit biases in our makeup. Dr. Pasha's workshop helps to understand this deep topic in a light-hearted way allowing acknowledgment to be the first step. I would highly recommend this workshop be incorporated into diversity training at any organization."*

Monica Basu, Senior Program Officer  
George Kaiser Family Foundation